

Hand Sanitisers

Using a hand sanitiser helps prevent germs from spreading.

Rub hands for hand hygiene!

Wash hands with soap and water when visibly soiled.

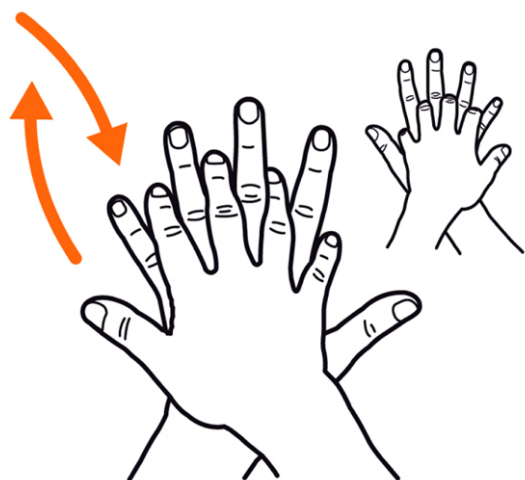
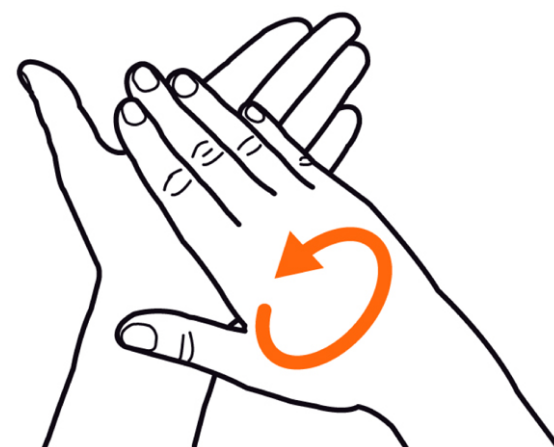
Duration of the entire procedure is **20-30 seconds**.



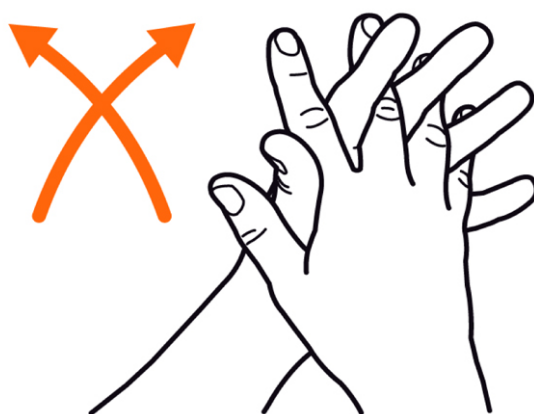
- 1** Apply a palmful of the product in a cupped hand, covering all surfaces



- 2** Rub hands palm to palm



- 3** Right palm over back of left hand with interlaced fingers and vice versa



- 4** Palm to palm with fingers interlaced



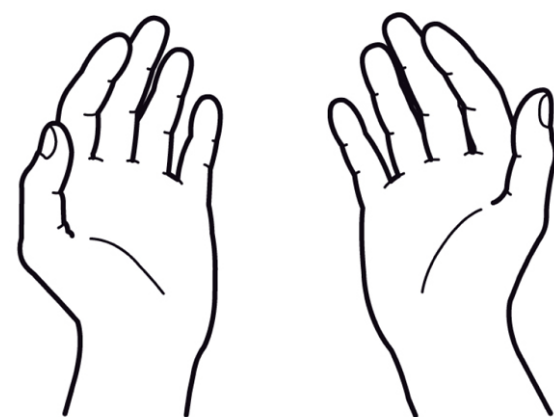
- 5** Backs of fingers to opposing palms with fingers interlocked



- 6** Rotational rubbing of left thumb clasped in right palm and vice versa



- 7** Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa



- 8** Once dry, your hands are safe

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Hand Sanitiser Steps Poster – ENGLISH

Adapted from the 'How to Handrub?' poster, World Health Organization 2009.



WORLDWIDE REACH. HUMAN TOUCH.