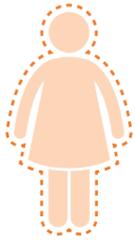


# CORONAVIRUS DISEASE 2019 (COVID-19) VACCINATION AND PREGNANCY

Pregnant women are at a higher risk of severe outcomes of COVID-19 compared to non-pregnant women.

## THE RISK IS EVEN GREATER IN SOME PREGNANT WOMEN

Those with underlying medical conditions or certain factors:



Weakened immune system



Diabetes



High blood pressure



Heart disease



Asthma



Overweight



Over 35 years of age



Third trimester of pregnancy (over 28 weeks)



Some ethnic groups



The World Health Organization recommends "vaccination in pregnant women when the benefits of vaccination to the pregnant woman outweigh the potential risks".<sup>1</sup>



Some other authorities recommend a COVID-19 vaccine if you are:

- Pregnant
- Trying for a baby or might get pregnant in the future
- Breastfeeding

National policies on COVID-19 vaccination of pregnant women differ. **Always check your local health authority guidelines.**

We are still learning about COVID-19 vaccines.

### WHAT WE KNOW SO FAR

- Vaccination is safe in any stage of pregnancy.
- There is no need to delay pregnancy after vaccination.
- You can continue breastfeeding after vaccination.
- If you get pregnant after taking the first dose of vaccine, you should take the second dose as well.



### BENEFITS OF VACCINATION

- Can reduce the risk of pregnant women becoming severely ill from COVID-19.
- Can decrease the risk of stillbirth or premature birth.
- Can lower COVID-19 transmission to other household members who are vulnerable.
- Can provide protection to the baby.



When unsure about vaccination, **talk to your doctor.**



For more information, visit the International SOS COVID-19 Vaccine FAQs website: <https://pandemic.internationalsos.com/2019-ncov/covid-19-vaccine-faqs>

Reference:

<sup>1</sup> World Health Organization, Update on WHO Interim recommendations on COVID-19 vaccination of pregnant and lactating women, 10 June 2021

This infographic has been developed for educational purposes only and is correct at the time of publication. It is not a substitute for professional medical advice. Should you have any questions or concerns about any topic in the infographic, please consult your medical professional.

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